

Kidney School Module 4 Posttest

Use this printable version of the test to fill out as you review the modules.

1. What are the three main parts of the CKD treatment plan:
 - A. Medications, dialysis, and access care
 - B. Dialysis, transplant, and access care.
 - C. Medications, diet and fluid limits, and dialysis or kidney transplant.
 - D. Diet and fluid limits, dialysis and kidney transplant.

2. What is the patient's role in the treatment plan:
 - A. Monitoring the progress and effectiveness of the treatment plan.
 - B. Take part in deciding and following the treatment plan, and making the treatment plan work.
 - C. Planning, monitoring, and following the treatment plan.
 - D. Planning and following the treatment plan.

3. Which of the following describes potential problem(s) with CKD patients using supplements:
 - A. Supplements may have the same or opposite effects of prescribed medications.
 - B. Supplements may block prescribed medication actions.
 - C. Supplements may enhance prescribed medication actions.
 - D. Supplements may decrease kidney function.

4. Protein found in the urine is called:
 - A. Urea
 - B. Creatinine
 - C. Microalbuminuria
 - D. Proteinuria

5. Malnutrition in CKD patients is linked to:
 - A. Improved dialysis adequacy
 - B. Decreased dialysis adequacy
 - C. Higher risk of infection, hospitalization and death
 - D. Lower risk of infection, hospitalization and death

6. Which of the following are symptoms of congestive heart failure:
 - A. Shortness of breath and bradycardia
 - B. Shortness of breath and tachycardia
 - C. Bradycardia and swollen neck veins
 - D. Normal heart rate and respiratory problems

7. Which of the following count in a patient's daily fluid limit:
 - A. Popsicles and cream cheese
 - B. Water and applesauce
 - C. Ice chips and applesauce
 - D. Soup and ice

8. Which can shorten hemodialysis treatment times:
 - A. Arriving to hemodialysis clinic on time
 - B. Hypertension and multiple alarms
 - C. Hypotension and alarms that temporarily turn off the hemodialysis machine
 - D. Tachycardia and hypotension

9. Which are tips for patients on caring for a hemodialysis access:
 - A. Learning how to feel the thrill and listen for the bruit.
 - B. Allowing blood pressures to be taken on the arm with the access.
 - C. Putting pressure on the access arm.
 - D. Allowing blood draws from the arm with the access.

10. Which are tips for patients on caring for a peritoneal dialysis catheter:
 - A. Swim in lakes or ponds
 - B. Take baths
 - C. Avoid moving or tugging on the catheter.
 - D. Clean the access site on a weekly basis.

**Kidney School – Module #4
Learner Evaluation Form**

To assist us in evaluating the effectiveness of the educational activity, please complete this evaluation form by circling the appropriate rating. To receive continuing education credit, this form must be completed and returned along with the post-test and CE Certificate of Participation.

General Evaluation:	Strongly Agree	5	4	3	2	1	Strongly Disagree
1. The teaching/learning resources were effective to complete this self-study	5	4	3	2	1		
2. The subject matter presented is relevant to my current practice	5	4	3	2	1		
3. The self-study format was effective	5	4	3	2	1		
Comments:							

Upon completion of this activity, I am able to:	Strongly Agree	5	4	3	2	1	Strongly Disagree
4. Describe the patient’s role in following their treatment plan.	5	4	3	2	1		
5. List common medications dialysis patients may need to take.	5	4	3	2	1		
6. Explain the importance of managing diet and fluid for people with CKD.	5	4	3	2	1		
7. List three things that can shorten dialysis treatment time.	5	4	3	2	1		
8. List 3 tips you can teach patients about hemodialysis access care	5	4	3	2	1		
9. List 2 tips for PD catheter care	5	4	3	2	1		
Comments:							

The following were disclosed in writing prior to, or at the start of, this education activity.

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|---|-----|----|
| a. Requirements for successful completion | Yes | No |
| b. Conflict of interest | Yes | No |
| c. Relevant financial relationships and mechanism to identify & resolve conflicts of interest | Yes | No |
| d. Sponsorship or commercial support | Yes | No |
| e. Non-endorsement of products | Yes | No |
| f. Off-label use | Yes | No |
| g. Expiration date for awarding contact hours | Yes | No |

Please refer to CE Credit information page on the Kidney School website.

Did you, as a participant, notice any bias in the presented material that was not previously disclosed? Yes No

If yes, please describe the nature of the bias. _____
