

Kidney School Module 1 Posttest

Use this printable version of the test to fill out as you review the modules.

1. The specialized blood vessel inside each nephron is called a:
 - a. glomerulus
 - b. renal artery
 - c. AV fistula
 - d. ureter

2. The three primary functions of the kidneys are to filter out wastes and excess fluid, produce hormones, and _____.
 - a. regulate temperature
 - b. improve muscle strength
 - c. control heart rate
 - d. balance chemicals

3. Three hormones produced by the kidneys include:
 - a. insulin, calcitonin, and estrogen
 - b. erythropoietin, progesterone, and angiotensin
 - c. calcitriol, renin, and erythropoietin
 - d. parathyroid hormone, insulin, and erythropoietin

4. Erythropoietin is a hormone that is important in:
 - a. blood pressure control
 - b. red blood cell production
 - c. glucose metabolism
 - d. hair growth

5. Many kidney failure patients have a deficiency in calcitriol, which can lead to:
 - a. high sodium levels
 - b. low blood pressure
 - c. bone disease
 - d. loss of vision

6. The two most common causes of kidney failure are:
 - a. heart disease and infection
 - b. diabetes and infection
 - c. drug abuse and hypertension
 - d. hypertension and diabetes

7. Even small declines in kidney function can lead to significant health problems.
 - a. True
 - b. False

8. Early warning signs of chronic kidney disease include:
 - a. fatigue, itching, and swelling in hands and/or feet
 - b. swelling, chest pain, and hair loss
 - c. tinnitus, shortness of breath, and skin discoloration
 - d. swelling in hands and/or feet, no urine production, and heart palpitations

9. Slowing the progression of kidney disease may include all of the following except:
 - a. dietary restrictions
 - b. medications
 - c. avoiding certain pain medications
 - d. radiation treatment

10. Trying to learn more about kidney disease is a positive coping strategy for patients with chronic kidney disease.
 - a. True
 - b. False

Kidney School – Module #1 Learner Evaluation Form

To assist us in evaluating the effectiveness of the educational activity, please complete this evaluation form by circling the appropriate rating. To receive continuing education credit, this form must be completed and returned along with the post-test and CE Certificate of Participation.

General Evaluation:	Strongly Agree	5	4	3	2	1	Strongly Disagree
1. The teaching/learning resources were effective to complete this self-study	5	4	3	2	1		
2. The subject matter presented is relevant to my current practice	5	4	3	2	1		
3. The self-study format was effective	5	4	3	2	1		
Comments:							

Upon completion of this activity, I am able to:	Strongly Agree	5	4	3	2	1	Strongly Disagree
4. Describe the basic functions of the kidneys.	5	4	3	2	1		
5. Identify the leading causes of kidney failure.	5	4	3	2	1		
6. Describe the warning signs of kidney failure.	5	4	3	2	1		
7. Describe the treatments & preventive measures that can slow the progression of renal failure	5	4	3	2	1		
8. List self-management strategies that can help patients adapt to living with chronic kidney disease	5	4	3	2	1		
Comments:							

The following were disclosed in writing prior to, or at the start of, this education activity.

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|---|-----|----|
| a. Requirements for successful completion | Yes | No |
| b. Conflict of interest | Yes | No |
| c. Relevant financial relationships and mechanism to identify & resolve conflicts of interest | Yes | No |
| d. Sponsorship or commercial support | Yes | No |
| e. Non-endorsement of products | Yes | No |
| f. Off-label use | Yes | No |
| g. Expiration date for awarding contact hours | Yes | No |

Please refer to CE Credit information page on the Kidney School website.

Did you, as a participant, notice any bias in the presented material that was not previously disclosed? Yes No

If yes, please describe the nature of the bias. _____
